Raising Up Teens Classes

Wish you had practical tools to address the challenges of adolescence?

Join Jewish Family Service for an interactive two-part program designed for parents and caregivers of teens. You'll engage in meaningful conversations, learn together, and strengthen your ability to parent proactively.

Led by Rabbi Ronit and Parent Navigation Coach, Becky Goldman, these sessions blend research on adolescent development with timeless Jewish insight to help your family face today's unique challenges.

Wednesday, November 18,
& Wednesday, December 2
6:00 p.m. – 7:30 p.m.
Cost: Free

Jewish Family Service
Capitol Hill Campus
1601 16th Avenue, Seattle 98122

You are welcome to attend one or both sessions.
Space is limited—please RSVP.



Find Out More and Register
Contact Becky Goldman
at bgoldman@jfsseattle.org

JEWISH FAMILY SERVICE

jfsseattle.org