# No One Should Go Hungry

# How to run a food drive!

Working in partnership with you, we can address our clients' urgent needs. When government aid falls short, we step up together. The Torah reminds us that we must "surely open our hand." Your donations will support Polack Food Bank clients, whose visits have increased 35% compared to six months ago.

## SET MEASURABLE GOALS

Identify a target amount of each item you hope to collect. This will help you identify whether you are on track!

#### **DECIDE HOW TO COLLECT FOOD**

Do you want people to bring items to your home? Do you want to set up days to pick up donations from others? Identify what works best for your community!

# SPREAD THE WORD

Make sure people know you're collecting food!

- Reach out to your friends and family members.
- Post on social media (including any neighborhood groups like Buy Nothing, NextDoor, or Mutual Aid Facebook pages).
- Identify community groups you are a part of that may be able to help (e.g., religious and cultural organizations, schools, co-workers).
- Be specific about the items you are collecting and when you need them.

## **ASK FOR HELP**

Who in your network might be able to help you spread the word? Who could potentially offer an additional drop-off point or volunteer to make pickups? Are there a few people who can help you on your drop-off day? Think about your network!

#### **GET CREATIVE!**

Hosting an event, like a birthday, anniversary, holiday party, or B'nai mitzvah? Consider asking people to bring some donations along! Or host a special drive-by drop-off with music and snacks. Create sidewalk or window art letting your neighbors know when, where, and what they can donate.

Please coordinate your drop off to the JFS Capitol Hill Campus by emailing:

inkinddonations@jfsseattle.org.

We are generally able to accept donations Monday – Friday, 9 a.m. to 5 p.m. We appreciate your support!



Please make sure any donated food is **something you would feel good about eating yourself.** We cannot distribute items that are expired, severely dented, opened, or unsafe to eat, and we appreciate your help keeping our food bank healthy and dignified for everyone who comes through our doors.

#### WHAT ITEMS ARE MOST NEEDED?

- Any gluten free/vegan/ kosher items
- Hygiene Items
  - Toothbrush
  - Toothpaste
  - Soap
  - Shampoo/conditioner
- Canned Goods
  - Protein Nut butters, tuna, canned chicken
  - Soup
  - Vegetables

- Nonperishable, shelfstable snacks
  - Ramen
  - Granola bars
  - Chips and candy
- NEW Winter Items
  - Hand warmers
  - Gloves
  - Beanies
  - Socks

- NO List:
  - Baking Items
  - Cooking oil
  - Expired, perishable or otherwise inedible items

**Questions?** Contact our Community Connections Assistant at **inkinddonations@jfsseattle.org** or (206) 861-3153.

