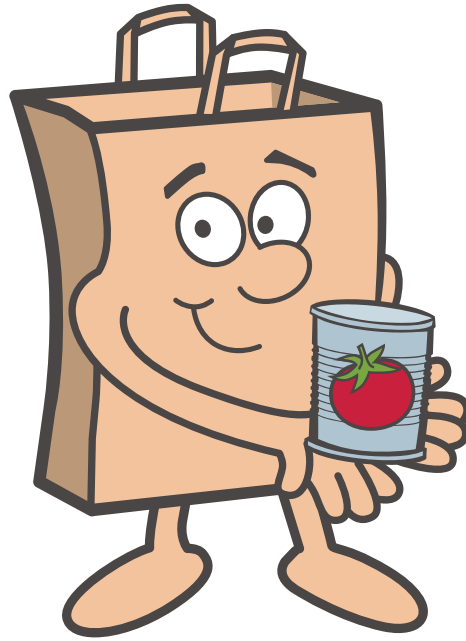


# HEALTHY FOOD FOR A HEALTHY COMMUNITY



## JFS Community-Wide Food Drive & Sort

**SUNDAY, OCTOBER 16 | 10:00 A.M. TO NOON**

*Loaned warehouse space in Canyon Park (address provided upon sign-up)*

We are excited to host our annual JFS Community-Wide Food Drive & Sort this fall to support our Polack Food Bank! Food insecurity continues to persist in our community and across the country. In fact, our food bank is still exceeding pre-pandemic visit numbers, and we had a record high total of visitors in March 2022. With the reopening of our food bank for in-person visits, we expect that number to keep growing. And that's where you come in!

For large food donations from our congregational partners, we will be hosting an optional drop off day on Thursday, October 6 from 10 a.m. to noon at our loaned warehouse space. You are also welcome to drop off your donations the day of the sort. Please contact [volunteer@jfsseattle.org](mailto:volunteer@jfsseattle.org) to arrange your drop-off appointment.

Any individual donations can be brought on October 16 or coordinated with a JFS staff member for another date and time. Due to the health and safety of our staff and volunteers, we will have limited sign-ups available for community members day of—so please register early if you'd like to help with the sort! Volunteer duties will include unloading and sorting donations. We ask that all volunteers wear a mask and show proof of vaccination to attend.

### HERE ARE THE ITEMS WE'D APPRECIATE:

Nut butters

Canned vegetables

Canned fruit

Canned soup

Canned tomato

Dried pasta

Toilet paper

Cereal

Oatmeal

Rice

Kosher foods

Canned tuna or chicken

*\*Please no glass containers, opened packages or expired food items. Thank you!*



JEWISH **FAMILY** SERVICE

## QUESTIONS?

Please email [volunteer@jfsseattle.org](mailto:volunteer@jfsseattle.org).

(206) 461-3240 | [jfsseattle.org](http://jfsseattle.org)

# The Polack Food Bank at JFS

The Polack Food Bank at Jewish Family Service distributes groceries, pet food, baby supplies and hygiene items from our Capitol Hill location. About 1,300 households rely on the Polack Food Bank each month. JFS offers Kosher food for families who keep a Kosher kitchen. Kosher foods are distributed during our regular food bank hours. We also offer a Home Delivery program which brings food to homebound elders and others who cannot travel to the food bank.

**WE SERVE ANYONE IN THE PUGET SOUND REGION'S JEWISH COMMUNITY AS WELL AS PEOPLE OF ALL BACKGROUNDS AND ZIP CODES.**

Guests are welcome to visit weekly during our open hours listed below:

**Wednesday, 10:00 a.m. to noon**

**Thursday, 2:00 to 4:00 p.m.**

**Friday, 10:00 a.m. to noon**

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**THE POLACK FOOD BANK IS LOCATED ON CAPITOL HILL IN SEATTLE**

at 16th Avenue and E. Pine Street, across from the 7-Eleven.

For questions, please email [fb@jfsseattle.org](mailto:fb@jfsseattle.org) or call (206) 461-3240.

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