About 1,300 households rely on the Polack Food Bank each month.

The Polack Food Bank serves anyone in the Puget Sound region’s Jewish community and vulnerable people in surrounding neighborhoods.

Our Home Delivery Program brings food to frail elders and others who cannot travel to the Polack Food Bank.

**WHAT TO BUY**

- Canned Goods
- Grains & Pastas
- Toiletries*
- Proteins (Tuna & Peanut Butter)

*You can help families by donating these necessities, too!*

Diapers (Sizes 3-5) • Toothpaste • Shampoo

NO GLASS CONTAINERS • NO OPENED PACKAGES • NO EXPIRED FOOD