

**Dignity.
Justice.
Food for All.**

JFS Polack Food Bank



- About 1,300 households rely on the Polack Food Bank each month.
- The Polack Food Bank serves anyone in the Puget Sound region's Jewish community and vulnerable people in surrounding neighborhoods.
- Our Home Delivery Program brings food to frail elders and others who cannot travel to the Polack Food Bank.

WHAT TO BUY

Canned Goods Grains & Pastas Toiletries*

Proteins (Tuna & Peanut Butter)

***You can help families by donating these necessities, too!**

Diapers (Sizes 3-5) • Toothpaste • Shampoo

NO GLASS CONTAINERS • NO OPENED PACKAGES • NO EXPIRED FOOD



JEWISH **FAMILY** SERVICE
(206) 461-3240 • jfsseattle.org

#WeAreResolved