

HEALTHY  
FOOD  
FOR ALL

# JFS Community-Wide Food Drive

Sept. 20 – Oct. 1, 2017

## ABOUT THE POLACK FOOD BANK

- More than 1,300 households rely on the Polack Food Bank each month.
- The Polack Food Bank serves vulnerable people in surrounding neighborhoods and anyone in the Puget Sound region's Jewish community.
- Our Home Delivery program brings food to frail elders and others who cannot travel to the Polack Food Bank.

## WHAT TO BUY

- Canned Goods
- Grains & Pastas
- Toiletries\*
- Proteins (Tuna & Peanut Butter)

**\*You can help families by donating these necessities, too!**

**Diapers (Sizes 3-5) • Toothpaste • Shampoo**

NO GLASS CONTAINERS • NO OPENED PACKAGES • NO EXPIRED FOOD

**FOOD SORT: Sunday, October 1 • 10:30 a.m. – 12:30 p.m.**

Advance registration required. Contact Jane Deer-Hileman at [volunteer@jfsseattle.org](mailto:volunteer@jfsseattle.org) or (206) 861-3155.

Your ticket to enter the Food Sort is a bag of donations for the Polack Food Bank  
AND your completed registration form.



JEWISH FAMILY SERVICE  
(206) 461-3240 • [jfsseattle.org](http://jfsseattle.org)

#WeAreResolved  
#JFSsort

