

Reflections on JFS Passover Baskets: Questions & Thoughts for Your Seder

The word Egypt, in Hebrew, is *mitzrayim*, which means “narrow place.” Egypt symbolizes anything that is physically, emotionally or spiritually challenging. Every person has his or her own “Egypt.” Passover teaches that leaving Egypt is always possible.

HUNGER

Passover food baskets are a response to the “narrow place” of hunger.

What did you learn about the continued existence of “Egypt” in the Puget Sound region?

What more can you do to help others “leave Egypt?”

What are other “Egypt” that exist in our community?

OTHER NARROW PLACES

Narrow places are personal and unique for each individual. At the seder, we say: *In every generation one is obligated to see oneself as one who personally went out from Egypt, as it says “You shall tell your child on that very day, ‘It’s because of this that God did for **me** when **I went out from Egypt.**”* (Ex 13:8)

Does your family have a unique Egypt/narrow place story?

Why is it important to tell the next generation our personal or family Egypt stories?

How can helping other people actually help us escape our own narrow places?

WHY WE SERVE

JFS helps vulnerable individuals and families in the Puget Sound region achieve well-being, health and stability. Jewish history and values guide our work; therefore, we provide effective services to people of all backgrounds and also have a responsibility to meet the particular needs of Jewish individuals and families in the region. – JFS Mission & Approach

Reflecting on your experience packaging Passover baskets, how do you think the JFS mission and approach reflect the Passover emphasis on helping people in our community “leave Egypt”?



JEWISH FAMILY SERVICE

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May the
kavod/dignity of your
fellow be as dear to you
as your own.

Pirke Avot/Ethics of our Ancestors