



# Families Fight Hunger

The Polack Food Bank operates on a “client choice model.” This means that clients select the food they prefer from among the available choices.

*“One who shames his fellow in public, it is as if he shed blood.”*

– Talmud

## FOR REFLECTION

- **Think of the expression, “I died of embarrassment.”**  
What do we mean when we say this?  
What is the connection between humiliation and shedding blood?
- **How is hunger a form of public humiliation?**
- **How does the Polack Food Bank’s client choice model help minimize the possible humiliation of coming to a food bank?**



JEWISH FAMILY SERVICE

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May the  
**kavod/dignity** of your  
fellow be as dear to you  
as your own.

Pirke Avot/Ethics of our Ancestors